

### HB KIDS CLUB HUB NEWSLETTER

#### **HELLO FROM GILBERT AND OLLIE!**

We hope you enjoy making this recipe and share this newsletter with your friends and loved ones!

## **RECIPE** — Easy Cheesy Quiche Cups **INGREDIENTS**

- 6 large eggs
- 1/2 cup milk
- 1/2 cup shredded cheese (cheddar or any cheese of your choice)
- 1 cup chopped vegetables (spinach, bell peppers, tomatoes, etc.)
- Salt and pepper to taste

#### INSTRUCTIONS

- Preheat oven to 375 and grease a muffin tin.
- In a large bowl, whisk together the eggs and the milk until well combined.
- Stir in the shredded cheese and chopped vegetables.
- Season with salt and pepper to taste.
- Pour the mixture evenly into the muffin tins.
- Bake for 20 25 minutes, or until the cups are set and lightly golden on top.
- Let them cool slightly before serving.

These are great for breakfast, lunch or even a snack on the go! Plus, they're a fantastic way to sneak in some extra veggies!

MATH CORNER •

that costs \$60. He shovels his neighbor's driveway once a week for \$5. He also takes out the garbage and recycling to get an extra \$2.50 per week for a total of \$7.50. If he saves all his money, how many weeks will he have to save to get his game?

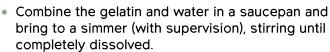
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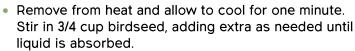


# **CRAFT CORNER** — Make a birdseed ornament! INGREDIENTS

- 3/4 to 1 cup birdseed
- 1 packet (.25 oz. or 7g.) of gelatin (unflavored)
- 1/4 cup boiling water
- Cookie cutters, lightly greased
- Twine or ribbon
- Parchment or wax paper

#### **INSTRUCTIONS**





- Place the cookie cutters on the parchment or wax paper, on a baking sheet.
- Fill each ornament halfway with birdseed mixture.
   Lay a piece of twine down in the center and fill with remaining birdseed mixture. Push down gently and allow to dry overnight. Then hang outside for our feathered friends!

#### CAN YOU FIND THESE WINTER WORDS

Snowflake Winter Frost Ice Snowman Chill Blizzard Sled Ski Snowboard

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